



7.1 Advice from a Self-Study Scholar

Recognize Your Biases

As a counselor, I have been taught to know myself first; if I do not know my own biases, beliefs, stereotypes, hopes, and values, I will never be able to recognize when they are influencing my actions in life, especially my actions with a client. Using self-study, then, to become aware of your beliefs, values, and biases hopefully will give you a clearer picture, a stronger foundation, and a more open mind to begin to ask your questions.

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7.2 Advice from a Self-Study Scholar

Question Power, Social Justice, and Discrimination in Research Relationships

How will *critical friendships*, or variously named collegial partnerships, assist researchers to question power, social justice, and discrimination? Misuse of power, social injustice, and discrimination is culturally and systemically generated and therefore potentially embedded in the habits of educational communities and environments, including research relationships and processes. These *invisible* scripts may be either reinforced or challenged by collaborative research relationships (e.g., mutually reiterated assumptions about power and agency between students and faculty). How have researchers used collaboration with colleagues, students, and significant others to raise consciousness about hidden oppression and misuse of power? How do educators constructively transform these challenges into possibilities for growth and communal knowledge? (Adapted from Bodone, Guðjónsdóttir, & Dalmau, 2004)

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