



## Advice from a Self-Study Scholar

### Self-Study as a Way of Being: Living as a Teacher-Researcher

A teacher-researcher is someone who consciously commits to improving and researching practice. As I begin the academic year, I establish conditions that will support self-study of teacher education practices.

- I apply to the university's research ethics board for approval to conduct research in my teacher education classes. For courses I teach on a regular basis, I now simply ask for an extension of ongoing studies of practice.