

Chapter 14. Health: A Community Development Challenge

QUIZ

Please select the best answer to the following:

1. Which of the following is **not** a measure of community health and well being?
 - a. infant mortality
 - b. crime rate
 - c. income inequality
 - d. computers per capita

2. USDHHS Healthy People 2010 set three broad population health goals for the nation. One goal is
 - a. fewer cases of swine flu
 - b. reduction in health disparities among populations
 - c. more sidewalks and walking trails
 - d. better public transportation

3. A community with a health advantage will have which of the following infrastructures?
 - a. easy access to locally produced foods
 - b. a hospital
 - c. sidewalks, parks, and walking trails
 - d. a, b, & c

4. Social and economic factors which influence longevity are
 - a. exercise
 - b. weight
 - c. race and ethnicity*
 - d. genetics

5. An example of social support that can influence health and well being
 - a. taking food regularly to an elderly neighbor
 - b. exercising 20 minutes at least 3 days a week
 - c. supporting a bond for a new hospital
 - d. having a doctor examination at least yearly

6. Which of these is **not** a traditional model of community development?

- a. social action
- b. social planning
- c. citizen monitoring
- d. locality development

7. Social planning to meet expert identified population health goals is used most often by which organization?

- a. public health
- b. chamber of commerce
- c. parks & recreation department
- d. grocery stores and supermarkets

8. An example of community social action around a health issue is

- a. Love Canal
- b. seat belt regulations
- c. Alaska smoking ban
- d. a,b,& c

9. The most effective health solutions integrate three social elements. Which of these is **not** central to solving community health problems?

- a. scientific knowledge of disease
- b. political will to act on health issues
- c. community has above average household income
- d. technological expertise applied to health and well being

10. Changes in community social and environmental conditions that can affect population health are

- a. improvements in public transportation
- b. restaurants with calorie and nutrient counts on their menus
- c. more schools with better science labs
- d. a & b