

Counseling and Psychotherapy Streaming Video Collection

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Case Study (Becoming a Skilled Counselor - 12)	Tutorial	SAGE	2013	Non-Exclusive	00:13:14
Psychosomatic Illnesses	Definition	SAGE	2015	Non-Exclusive	00:05:00
Autistic Spectrum Disorders					
Autism Spectrum Disorder	Tutorial	SAGE	2015	Exclusive	00:08:55
Music Therapy for Children with Autism	Tutorial	SAGE	2015	Exclusive	00:18:20
Career Counseling					
CBT Career Counseling	Definition	SAGE	2015	Exclusive	00:01:34
Client Centeredness	Definition	SAGE	2015	Exclusive	00:02:49
Dancing with Disappointment: The Intersections of Social Class, Family, and Community	Documentary	Urquhart Publishing Group	2015	Exclusive	1:20:00
Dancing with Disappointment: Societal Expectations and One Woman's Journey	Documentary	Urquhart Publishing Group	2015	Exclusive	1:20:00
Dancing with Disappointment: Navigating Family and Fatherhood	Documentary	Urquhart Publishing Group	2015	Exclusive	1:20:00
Hazel Reid, Career Counseling	Interview	SAGE	2015	Exclusive	00:44:44
Impartiality	Definition	SAGE	2015	Exclusive	00:02:00
Resilience	Definition	SAGE	2015	Exclusive	00:01:34
Steve Sheward, Career Counseling	Interview	SAGE	2015	Exclusive	00:20:20
Children & Young People					
Parent & Infant Psychotherapy	Documentary	SAGE	2015	Exclusive	00:12:31
Solution Focused Narrative Therapy with an Adolescent: Finding Meaning and Strength in the Client's Story	Documentary	Urquhart Publishing Group	2015	Exclusive	00:50:00
Counseling in Education					
Andrew Reeves Discusses Counseling in Education	Interview	SAGE	2015	Exclusive	00:44:22
Educational Counseling Using Animals	Documentary	SAGE	2015	Exclusive	00:09:13
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Counseling in the Workplace					
Counseling in the Workplace	Tutorial	SAGE	2015	Exclusive	00:12:07
Depression, Anxiety & Stress					
Robert Elliot Discusses Anxiety	Interview	SAGE	2015	Exclusive	00:35:31
Dorothy Rowe in Conversation	Documentary	University of South Wales	2005	Non-Exclusive	1:08:00
Social Causation & Mental Illness	Definition	SAGE	2015	Exclusive	00:09:52
Using the Motivational Interviewing Spirit and Principles While Working with Ethnic Identity and Acculturation Issues	Documentary	Urquhart Publishing Group	2015	Exclusive	00:50:00
Vocal Psychotherapy for Depression, Anxiety & Stress	Practice	SAGE	2015	Exclusive	00:11:51
Eating Disorders Counseling					
Anorexia Nervosa	Definition	SAGE	2015	Exclusive	00:01:04

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Binge Eating Disorder	Definition	SAGE	2015	Exclusive	00:00:50
Bulimia Nervosa	Definition	SAGE	2015	Exclusive	00:01:14
Eating Disorder Movement Therapy	Documentary	SAGE	2015	Exclusive	00:14:53
Sara Gilbert, Eating Disorders	Interview	SAGE	2015	Exclusive	00:23:50
Thought for Food	Documentary	University of South Wales	2012	Non-Exclusive	3:08:00
Treating Eating Disorders	Documentary	SAGE	2015	Exclusive	00:19:06
Gender/Sexuality					
A Gay Affirmative and Multicultural Approach to Therapy: Honoring and Re-Imagining Identity	Documentary	Urquhart Publishing Group	2015	Exclusive	00:47:00
Counseling Men	Tutorial	SAGE	2015	Exclusive	00:13:48
Counseling Men	Documentary	SAGE	2015	Exclusive	00:11:41
Equanimity	Definition	SAGE	2015	Exclusive	00:01:01
Gender and Sexuality	Tutorial	SAGE	2015	Exclusive	00:15:22
Gender Roles	Definition	SAGE	2015	Exclusive	00:01:03
Gender Strain	Definition	SAGE	2015	Exclusive	00:01:02
Heterosexism	Definition	SAGE	2015	Exclusive	00:00:56
Homonegativity	Definition	SAGE	2015	Exclusive	00:01:01
Reaffirmative Therapy	Definition	SAGE	2015	Exclusive	00:02:01
Sexual Orientation	Definition	SAGE	2015	Exclusive	00:00:49
Social Comparison Theory and Gender Identity	Definition	SAGE	2015	Exclusive	00:10:37
Systemic Sex Therapy with a Heterosexual Couple: Enhancing Connection and Communication	Documentary	Urquhart Publishing Group	2015	Exclusive	00:51:00
Grief & Bereavement Counseling					
Adult Attitude to Grief Model	Definition	SAGE	2015	Exclusive	00:01:30
Bereavement and Loss Counselling	Documentary	Counselling Channel Limited	2012	Non-Exclusive	2:33:30
Death and Bereavement Counseling	Practice	SAGE	2015	Exclusive	00:12:15
Death and Bereavement Counseling	Practice	SAGE	2015	Exclusive	00:11:32
Grief	Definition	SAGE	2015	Exclusive	00:01:31
Grief and Bereavement Counseling	Tutorial	SAGE	2015	Exclusive	00:07:11
Invisible Grief	Definition	SAGE	2015	Exclusive	00:01:12
Linda Machin, Grief & Bereavement Counseling	Interview	SAGE	2015	Exclusive	00:35:25
Pathologizing Grief	Definition	SAGE	2015	Exclusive	00:01:03
Person Centered Grief Counseling, Part 1	Documentary	Urquhart Publishing Group	2015	Exclusive	1:21:00
Person Centered Grief Counseling, Part 2	Documentary	Urquhart Publishing Group	2015	Exclusive	1:24:00
Range of Response to Loss Model	Definition	SAGE	2015	Exclusive	00:01:44
When Someone Dies	Documentary	Counselling Channel Limited	2009	Non-Exclusive	1:31:23
Health (Primary Care Counseling)					
Counselors in HIV Care	Practice	SAGE	2015	Exclusive	00:13:04
Health Play	Practice	SAGE	2015	Exclusive	00:10:09
Mental Hygiene	Definition	SAGE	2015	Non-Exclusive	00:05:00
Older People					
Counseling Assessment for Patients Over 50	Practice	SAGE	2015	Exclusive	00:17:15
Counseling Service Management	Practice	SAGE	2015	Exclusive	00:10:00
Counseling the Aging	Practice	SAGE	2015	Exclusive	00:11:16

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Making Memories	Documentary	University of South Wales	2008	Non-Exclusive	00:50:00
Counseling Older People	Tutorial	SAGE	2015	Exclusive	00:10:00
Online & Telephone Counseling					
Holding the Line	Documentary	University of South Wales	2003	Non-Exclusive	1:12:00
Online and Telephone Counseling	Tutorial	SAGE	2015	Exclusive	00:08:43
Online Counseling	Practice	SAGE	2015	Exclusive	00:14:49
Online Therapy	Documentary	University of South Wales	2004	Non-Exclusive	1:03:00
Relationship Counseling					
Relationship Counseling	Practice	SAGE	2015	Exclusive	00:11:37
Relationship Counselling	Tutorial	SAGE	2015	Exclusive	00:11:46
Solution Focused Narrative Therapy with a Mother and Daughter: Resolving Conflict and Finding Connection	Documentary	Urquhart Publishing Group	2015	Exclusive	00:50:00
Narrative Practice with Couples 1: Escape from Debate Tes and William Part 1	Documentary	Urquhart Publishing Group	2015	Exclusive	1:20:00
Narrative Practice with Couples 2: Escape from Debate Tes and William Part 2	Documentary	Urquhart Publishing Group	2015	Exclusive	1:20:00
Narrative Practice with Couples 3: Escape from Debate Brian and Kiel Part 1	Documentary	Urquhart Publishing Group	2015	Exclusive	1:20:00
Narrative Practice with Couples 4: Escape from Debate Brian and Kiel Part 2	Documentary	Urquhart Publishing Group	2015	Exclusive	1:20:00
School Counseling					
In Conversation with Dr. Anne Geroski On School Counseling	Interview	SAGE	2015	Exclusive	00:24:57
Self-Injury & Suicide Risk					
Non-Suicidal Self-Injury (NSSI)	Tutorial	SAGE	2015	Exclusive	00:10:49
Self-Injury Group Therapy	Documentary	SAGE	2015	Exclusive	00:12:18
Substance Abuse & Addiction Counseling					
Addictions Counselling	Documentary	Counselling Channel Limited	2013	Non-Exclusive	2:30:44
Digital Addiction	Practice	SAGE	2015	Exclusive	00:11:56
In Conversation with Dr. David R. Hutchinson On Addiction Counseling and Counselor Education	Interview	SAGE	2015	Exclusive	00:28:12
Integrated Co-Occurring Disorders Treatment Using a Motivational Interviewing Approach: Alcohol Dependence and Depression	Documentary	Urquhart Publishing Group	2015	Exclusive	00:50:00
Problem Drinking	Definition	SAGE	2015	Exclusive	00:00:41
Risk Factors for Addiction	Definition	SAGE	2015	Exclusive	00:10:36
Substance Abuse and Addiction Counseling	Practice	SAGE	2015	Exclusive	00:12:17
Treatment of Addictions: the ACQS Model	Definition	SAGE	2015	Exclusive	00:15:03
Using Role Play to Treat Addiction & Mental Health Issues	Practice	SAGE	2015	Exclusive	00:16:08
Trauma, Violence & Abuse					
Creative Arts Therapy	Definition		2015	Exclusive	00:10:27
Diagnosing Post Traumatic Stress Disorder	Tutorial	SAGE	2015	Exclusive	00:12:39

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Michael Scott, Traumatic Stress	Interview	SAGE	2015	Exclusive	00:31:56
Music Therapy for Personality Disorder	Tutorial	SAGE	2015	Exclusive	00:17:39
Post Traumatic Stress Disorder: Treatment and Prevention	Tutorial	SAGE	2015	Exclusive	00:16:08
Post-Traumatic Stress Disorder	Definition	SAGE	2015	Exclusive	00:01:59
Rape Trauma Syndrome	Definition	SAGE	2015	Exclusive	00:09:08
Trauma Counseling	Practice	SAGE	2015	Exclusive	00:13:19
Trauma Counseling: Case Study	Practice	SAGE	2015	Exclusive	00:11:06
Trauma Intervention and Treatment	Tutorial	SAGE	2015	Exclusive	00:11:52
Trauma Models of Psychopathology	Definition	SAGE	2015	Exclusive	00:01:02
Treating Male Survivors of Sexual Abuse	Documentary	SAGE	2015	Exclusive	00:11:01
Treating PTSD with Virtual Reality	Documentary	SAGE	2015	Exclusive	00:17:03
Counseling Skills					Return to top
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The Counseling Relationship (Becoming a Skilled Counselor - 2)	Interview	SAGE	2013	Non-Exclusive	00:01:35
A Deconstructive Conversation About Gender	Practice	SAGE	2013	Non-Exclusive	00:13:56
An Emerging Problem Description	Practice	SAGE	2013	Non-Exclusive	00:06:24
Anticipating and Preparing for Setbacks	Practice	SAGE	2013	Non-Exclusive	00:06:59
Assessing an Externalized Problem	Practice	SAGE	2013	Non-Exclusive	00:05:39
Attending I	Practice	SAGE	2013	Non-Exclusive	00:01:40
Attending II	Practice	SAGE	2013	Non-Exclusive	00:05:24
Being Non Judgemental	Tutorial	SAGE	2015	Exclusive	00:10:21
Bringing Things Into the Here and Now	Tutorial	SAGE	2015	Exclusive	00:08:20
Characterizing an Exception and Identifying a Second Instance	Practice	SAGE	2013	Non-Exclusive	00:09:06
Cheerleading for Frank	Practice	SAGE	2013	Non-Exclusive	00:01:08
Clarifying and Probing Questions	Practice	SAGE	2013	Non-Exclusive	00:04:48
Co-Assessing Risk	Practice	SAGE	2013	Non-Exclusive	00:09:52
Co-Constructing Skills and Abilities	Practice	SAGE	2013	Non-Exclusive	00:05:04
Co-Generating Words for Experience	Practice	SAGE	2013	Non-Exclusive	00:04:55
Confidentiality	Definition	SAGE	2015	Exclusive	00:00:40
Connecting a Preferred Development with Personal History	Practice	SAGE	2013	Non-Exclusive	00:07:54
Consulting the Client's Expertise in Addressing a Challenge	Practice	SAGE	2013	Non-Exclusive	00:07:40
Conveying Empathy	Practice	SAGE	2013	Non-Exclusive	00:01:58
Coordinating Meaning	Practice	SAGE	2013	Non-Exclusive	00:04:33
Counseling	Definition	SAGE	2015	Exclusive	00:00:34
David's New Job #1	Practice	SAGE	2013	Non-Exclusive	00:01:10
David's New Job #2	Practice	SAGE	2013	Non-Exclusive	00:01:04
Describing a Preferred Outcome	Practice	SAGE	2013	Non-Exclusive	00:04:55
Direct Advice Giving	Practice	SAGE	2013	Non-Exclusive	00:01:00

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Directing Attention to an Embodied Emotion	Practice	SAGE	2013	Non-Exclusive	00:06:18
Disputing Unhelpful Cognitions and Generating Alternatives	Practice	SAGE	2013	Non-Exclusive	00:12:11
EARS	Definition	SAGE	2015	Exclusive	00:02:52
Effective Co-Constructing Language for the Problem	Practice	SAGE	2013	Non-Exclusive	00:01:13
Effective Dis-Regulation	Definition	SAGE	2015	Exclusive	00:01:28
Effective Regulation	Definition	SAGE	2015	Exclusive	00:01:19
Embracing Complexity in the Client' Story	Practice	SAGE	2013	Non-Exclusive	00:09:47
Empathy (Becoming a Skilled Counselor - 3)	Interview	SAGE	2013	Non-Exclusive	00:01:55
Evoking Thick Description of Preferred Developments with a Stylized Question	Practice	SAGE	2013	Non-Exclusive	00:07:21
Expanding a Client's Account Through Summarizing	Practice	SAGE	2013	Non-Exclusive	00:01:25
Exploring and Disputing Unhelpful Self-Talk	Practice	SAGE	2013	Non-Exclusive	00:14:44
Exploring Incongruent Nonverbals	Practice	SAGE	2013	Non-Exclusive	00:01:15
Expressing Warmth and Care	Tutorial	SAGE	2015	Exclusive	00:09:25
Externalizing While Exploring the Challenge of Straddling Two Cultures	Practice	SAGE	2013	Non-Exclusive	00:12:15
Externalizing: Separating Person and Problem	Practice	SAGE	2013	Non-Exclusive	00:01:33
Frank's Monologue	Practice	SAGE	2013	Non-Exclusive	00:04:05
Gerard Egan in Conversation	Documentary	University of South Wales	2004	Non-Exclusive	00:43:00
Goal Setting (Becoming a Skilled Counselor - 5)	Interview	SAGE	2013	Non-Exclusive	00:04:41
Goal Setting with Dr Lynn Zubernis (Becoming a Skilled Counselor - 6)	Documentary	SAGE	2013	Non-Exclusive	00:02:15
Identifying a Preferred Development	Practice	SAGE	2013	Non-Exclusive	00:02:13
Identifying Exceptions to Emotions	Practice	SAGE	2013	Non-Exclusive	00:06:03
Identifying Exceptions to Unhelpful Cognitions	Practice	SAGE	2013	Non-Exclusive	00:09:01
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Inquiring About Exceptions	Practice	SAGE	2013	Non-Exclusive	00:02:13
Introducing a Client to Embodied Attention	Practice	SAGE	2013	Non-Exclusive	00:05:04
Introducing an Alternate Relationship with a Problem	Practice	SAGE	2013	Non-Exclusive	00:04:07
Investigating the ABC Sequence	Practice	SAGE	2013	Non-Exclusive	00:09:05
Inviting a Client to Evaluate a Suggestion	Practice	SAGE	2013	Non-Exclusive	00:00:55
Inviting Presence to Embodied Experience	Practice	SAGE	2013	Non-Exclusive	00:07:14
Loosening the Grip of Unhelpful Cognitions	Practice	SAGE	2013	Non-Exclusive	00:09:20
Minimal Encouragers	Tutorial	SAGE	2015	Exclusive	00:04:50
Moving From "What Is" to "What Is Desired" (Becoming a Skilled Counselor - 7)	Interview	SAGE	2013	Non-Exclusive	00:01:31
Offering Advice Responsively	Practice	SAGE	2013	Non-Exclusive	00:01:53

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Orienting to Victimhood	Practice	SAGE	2013	Non-Exclusive	00:06:21
Planning Homework	Practice	SAGE	2013	Non-Exclusive	00:02:40
Presenting a Problem-Saturated Story	Documentary	SAGE	2013	Non-Exclusive	00:10:00
Probing the Client's Issues (Becoming a Skilled Counselor - 4)	Interview	SAGE	2013	Non-Exclusive	00:01:55
Problem Definition	Practice	SAGE	2013	Non-Exclusive	00:02:58
Problem Definition 1	Practice	SAGE	2013	Non-Exclusive	00:00:41
Problem Definition and Assessment for Suicidality	Practice	SAGE	2013	Non-Exclusive	00:04:18
Problem Definition and Multiplicity	Practice	SAGE	2013	Non-Exclusive	00:04:55
Problem Definition II	Practice	SAGE	2013	Non-Exclusive	00:01:06
Psychotherapy	Definition	SAGE	2015	Exclusive	00:00:43
Reading Non-Verbals and Checking with the Client	Practice	SAGE	2013	Non-Exclusive	00:01:10
Recapping	Practice	SAGE	2013	Non-Exclusive	00:00:46
Recapping At the Start of a Session	Practice	SAGE	2013	Non-Exclusive	00:01:05
Recapping to Confirm a Shared Direction	Practice	SAGE	2013	Non-Exclusive	00:03:13
Receiving and Attending	Practice	SAGE	2013	Non-Exclusive	00:06:26
Recounting_Converted	Practice	SAGE	2013	Non-Exclusive	00:02:45
Relating As an Ally	Practice	SAGE	2013	Non-Exclusive	00:21:39
Relating As an Ally II	Practice	SAGE	2013	Non-Exclusive	00:08:04
Resistance As Nonverbal Cooperation	Practice	SAGE	2013	Non-Exclusive	00:00:35
Revising the Relationship with a Problem	Practice	SAGE	2013	Non-Exclusive	00:03:36
Scaffolding Questions	Practice	SAGE	2013	Non-Exclusive	00:05:26
Self Disclosure	Practice	SAGE	2013	Non-Exclusive	00:02:25
Sharing a Hunch in a Non-Tentative Manner	Practice	SAGE	2013	Non-Exclusive	00:01:34
Sharing a Hunch Tentatively	Practice	SAGE	2013	Non-Exclusive	00:03:46
Sharing an Idea I	Practice	SAGE	2013	Non-Exclusive	00:01:13
Slowing the Image Down	Documentary	SAGE	2013	Non-Exclusive	00:10:00
Soliciting a Witness to Therapeutic Gains	Practice	SAGE	2013	Non-Exclusive	00:06:04
Story Migration	Documentary	SAGE	2013	Non-Exclusive	00:10:00
Summarizing a Session	Practice	SAGE	2013	Non-Exclusive	00:02:03
Sustaining Changes Between Sessions	Documentary	SAGE	2013	Non-Exclusive	00:10:00
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Thickening the Account of a Preferred Development · Exception	Practice	SAGE	2013	Non-Exclusive	00:11:06
Transparency and Relationship	Practice	SAGE	2013	Non-Exclusive	00:02:16
Using Metaphor to Describe Experience	Practice	SAGE	2013	Non-Exclusive	00:05:54
Using Scaling to Gauge Progress Through the Week	Practice	SAGE	2013	Non-Exclusive	00:02:21
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Working with Scaling Questions	Practice	SAGE	2013	Non-Exclusive	00:03:58
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Introducing Listening and Counselling Skills	Documentary	Counselling Channel Limited	2008	Non-Exclusive	00:45:31
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Dealing with Ruptures in the Therapeutic Relationship					
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Ending Counseling	Documentary	SAGE	2015	Exclusive	00:09:25
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Ending Therapy	Documentary	Counselling Channel Limited	2009	Non-Exclusive	00:50:44
Enhancing the Client's Self-Helping Skills					
Helping Clients Understand Their Thinking	Tutorial	SAGE	2015	Exclusive	00:05:17
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Theory in Action: Motivational Interviewing	Raw/Observational Footage	SAGE	2015	Exclusive	00:13:49
Giving Feedback					
Using Feedback Measures	Tutorial	SAGE	2015	Exclusive	00:05:25
Goal-Setting					
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Creative Leadership	Definition	SAGE	2015	Exclusive	00:01:02
Creative Problem Solving	Definition	SAGE	2015	Exclusive	00:01:14
Establishing Goals	Tutorial	SAGE	2015	Exclusive	00:09:45
NLP Goal Setting	Tutorial	SAGE	2015	Exclusive	00:10:51
Tipping the Balance	Definition	SAGE	2015	Exclusive	00:00:46

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Open-Ended Questions					
Asking Open Ended Questions	Tutorial	SAGE	2015	Exclusive	00:08:23
Opening Statements					
Tyler's First Session	Raw/ Observational Footage	SAGE	2015	Exclusive	00:14:46
Reflecting Back					
Helping People Redecide	Tutorial	SAGE	2015	Exclusive	00:07:09
Reflecting Back	Documentary	SAGE	2015	Exclusive	00:09:11
Self-Disclosure					
Self-Disclosure in Counseling	Tutorial	SAGE	2015	Exclusive	00:06:53
Self-Disclosure in Psychotherapy	Documentary	SAGE	2015	Exclusive	00:12:48
Therapeutic Relationships					
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Bernard's Discrimination Model	Definition	SAGE	2015	Exclusive	00:06:42
Clinical Supervision	Definition	SAGE	2015	Exclusive	00:01:24
Compassion	Definition	SAGE	2015	Exclusive	00:01:18
Empathy	Definition	SAGE	2015	Exclusive	00:00:36
Experiencing Counselling	Documentary	Counselling Channel Limited	2009	Non- Exclusive	1:02:39
Friending	Definition	SAGE	2015	Exclusive	00:00:38
Multiple Relationships	Definition	SAGE	2015	Exclusive	00:00:57
The Therapeutic Relationship	Tutorial	SAGE	2015	Exclusive	00:10:13
Therapeutic Relationship Process	Tutorial	SAGE	2015	Exclusive	00:14:24
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Counselor Competence (Becoming a Skilled Counselor - 9)	Interview	SAGE	2013	Non- Exclusive	00:13:33
Exploring Cultural Meaning	Documentary	SAGE	2013	Non- Exclusive	00:02:19
Faculty Burnout (Becoming a Skilled Counselor - 10)	Tutorial	SAGE	2013	Non- Exclusive	00:11:10
Limits to Confidentiality	Documentary	SAGE	2013	Non- Exclusive	00:02:02
Professional Identity (Becoming a Skilled Counselor - 11)	Tutorial	SAGE	2013	Non- Exclusive	00:09:41
Straddling Cultures	Documentary	SAGE	2013	Non- Exclusive	00:18:48
Counseling Agency Management					
Counseling Agency Management	Tutorial	SAGE	2015	Exclusive	00:08:52
Counseling Ethics & the Law					
Counseling Ethics and the Law	Tutorial	SAGE	2015	Exclusive	00:13:46
Counseling Ethics and the Law	Documentary	SAGE	2015	Exclusive	00:11:27
Counselling, Confidentiality and the Law	Documentary	University of South Wales	2012	Non- Exclusive	2:33:00
Ethics	Definition	SAGE	2015	Exclusive	00:00:32
Online Review Sites	Definition	SAGE	2015	Exclusive	00:00:41
Status Update	Definition	SAGE	2015	Exclusive	00:00:38
Testimonials	Definition	SAGE	2015	Exclusive	00:00:32
Tim Bond in Conversation	Documentary	University of South Wales	2006	Non- Exclusive	1:01:00

Title	Video Type	Publisher	Publication Year	Exclusivity to SAGE	Length (hh:mm:ss)
Counseling Supervision					
Counseling and Supervision	Tutorial	SAGE	2015	Exclusive	00:07:48
Counseling Supervision 1	Documentary	SAGE	2015	Exclusive	00:13:20
Counseling Supervision 2	Documentary	SAGE	2015	Exclusive	00:09:16
Creative Group Supervision	Documentary	University of South Wales	2007	Non-Exclusive	2:40:00
Live Supervision	Documentary	SAGE	2015	Exclusive	00:06:50
Making the Most of Supervision	Documentary	University of South Wales	2012	Non-Exclusive	1:54:00
Rodney Goodyear Discusses Counseling Supervision	Interview	SAGE	2015	Exclusive	00:35:17
Counseling Training					
Are You in Zenor?	Documentary	University of South Wales	2002	Non-Exclusive	1:09:00
Francesca Inskipp and Brigid Proctor in Conversation	Documentary	University of South Wales	2005	Non-Exclusive	1:17:00
Training Counselors	Documentary	SAGE	2015	Exclusive	00:10:50
Training Essentials	Documentary	University of South Wales	2005	Non-Exclusive	1:20:00
Evidence-Based Practice					
Counselling and the Medical Model	Documentary	Counselling Channel Limited	2013	Non-Exclusive	00:38:25
Evidence Based in Practice	Definition	SAGE	2015	Exclusive	00:01:23
Evidence Based Practice	Tutorial	SAGE	2015	Exclusive	00:10:56
Multi-Cultural Counseling					
Multicultural Counseling	Documentary	SAGE	2015	Exclusive	00:10:29
Transcultural Counseling	Documentary	SAGE	2015	Exclusive	00:14:14
Reflective Practice					
Capacity for Self-Awareness	Definition	SAGE	2015	Exclusive	00:01:11
Good Practice/Bad Practice	Documentary	University of South Wales	2004	Non-Exclusive	00:48:00
Parallel Process	Definition	SAGE	2015	Exclusive	00:03:47
Reflecting, Paraphrasing, Summarizing	Tutorial	SAGE	2015	Exclusive	00:07:05
Reflective Practice	Documentary	SAGE	2015	Exclusive	00:12:32
Therapeutic Relationship & Process					
A Confidential Space	Documentary	University of South Wales	2011	Non-Exclusive	1:24:00
Counter Transference	Interview	SAGE	2015	Exclusive	00:00:49
John Mcleod Discusses Evidence Based Practice/Counseling and Psychotherapy Research	Interview	SAGE	2015	Exclusive	00:44:05
Talking About Counseling	Documentary	University of South Wales	2006	Non-Exclusive	1:22:00
The Client, the Counsellor and the Unsuitable Friend	Documentary	University of South Wales	2001	Non-Exclusive	1:15:00
The Need to Belong	Documentary	Counselling Channel Limited	2009	Non-Exclusive	00:28:19

Title	Video Type	Publisher	Publication Year	Exclusivity to SAGE	Length (hh:mm:ss)
Research Methods for Counseling & Psychotherapy					Return to top
Research Methods for Counseling & Psychotherapy (General)					
Contemplative Psychotherapy and Breathwork	Definition	SAGE	2015	Non-Exclusive	00:04:56
Practice Accountability (Becoming a Skilled Counselor - 8)	Interview	SAGE	2013	Non-Exclusive	00:02:12
Rational Emotive Behavior Therapy	Definition	SAGE	2015	Non-Exclusive	00:06:38
Social Class & Mental Illness	Definition	SAGE	2015	Non-Exclusive	00:11:01
Solution Focused Brief Therapy	Definition	SAGE	2015	Non-Exclusive	00:09:58
Evaluating Outcomes					
Ego Psychology	Definition	SAGE	2015	Exclusive	00:06:34
Evaluating Outcomes	Tutorial	SAGE	2015	Exclusive	00:07:05
Practical & Ethical Issues					
Fidelity	Definition	SAGE	2015	Exclusive	00:02:15
Qualitative Methods in Counseling & Psychotherapy					
A Judge	Definition	SAGE	2015	Exclusive	00:00:27
Consensual Qualitative Research	Tutorial	SAGE	2015	Exclusive	00:09:30
Consensual Qualitative Research	Definition	SAGE	2015	Exclusive	00:00:49
Consensual Qualitative Research: Core Ideas	Definition	SAGE	2015	Exclusive	00:00:48
Consensual Qualitative Research: Domain Consensus	Definition	SAGE	2015	Exclusive	00:00:46
Consensus	Definition	SAGE	2015	Exclusive	00:00:51
Evidence	Definition	SAGE	2015	Exclusive	00:01:37
Using Process & Outcome Measures in Counseling					
Evaluating the Outcomes of Counseling and Psychotherapy	Tutorial	SAGE	2015	Exclusive	00:07:15
Using Process and Outcome Measures in Counseling	Documentary	SAGE	2015	Exclusive	00:13:56
Theory & Approaches					Return to top
Theory & Approaches (General)					
Attachment Theory	Definition	SAGE	2015	Exclusive	00:07:40
Beyond the Binary: Therapeutic Conversations with Queer Youth	Documentary	Urquhart Publishing Group	2014	Exclusive	1:07:00
Complete Counseling: From First to Last Session: Brief, Strengths-Based, Collaborative Therapy. Session 2	Documentary	Urquhart Publishing Group	2015	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Brief, Strengths-Based, Collaborative Therapy. Session 3	Documentary	Urquhart Publishing Group	2015	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Brief, Strengths-Based, Collaborative Therapy. Session 4	Documentary	Urquhart Publishing Group	2015	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Brief, Strengths-Based, Collaborative Therapy. Session 5	Documentary	Urquhart Publishing Group	2015	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Choice Theory and Reality Therapy. Session 1	Documentary	Urquhart Publishing Group	2014	Exclusive	1:15:00

Title	Video Type	Publisher	Publication Year	Exclusivity to SAGE	Length (hh:mm:ss)
Complete Counseling: From First to Last Session: Choice Theory and Reality Therapy. Session 2	Documentary	Urquhart Publishing Group	2014	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Choice Theory and Reality Therapy. Session 3	Documentary	Urquhart Publishing Group	2014	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Choice Theory and Reality Therapy. Session 4	Documentary	Urquhart Publishing Group	2014	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Choice Theory and Reality Therapy. Session 5	Documentary	Urquhart Publishing Group	2014	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Emotionally Focused Therapy. Session 1	Documentary	Urquhart Publishing Group	2014	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Emotionally Focused Therapy. Session 2	Documentary	Urquhart Publishing Group	2014	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Emotionally Focused Therapy. Session 3	Documentary	Urquhart Publishing Group	2014	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Emotionally Focused Therapy. Session 4	Documentary	Urquhart Publishing Group	2014	Exclusive	1:15:00
Complete Counseling: From First to Last Session: Emotionally Focused Therapy. Session 5	Documentary	Urquhart Publishing Group	2014	Exclusive	1:15:00
Concentrative Movement Therapy	Definition	SAGE	2014	Exclusive	00:07:32
Focusing Oriented Therapy	Definition	SAGE	2015	Exclusive	00:09:00
Gender Aware Therapy	Definition	SAGE	2015	Exclusive	00:02:32
Introduction: Cognitive-Behavioral Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:02:17
Introduction: Existential Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:05:33
Introduction: Feminist Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:02:14
Introduction: Multicultural Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:01:57
Introduction: Neuroscience Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:02:27
Introduction: Person-Centered (Non-Directive) Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:01:25
Introduction: Strengths-Based Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:10:00
Narrative Theory in the Face of Grief	Documentary	Urquhart Publishing Group	2015	Exclusive	00:13:48
Outdoor Therapy	Documentary	SAGE	2015	Exclusive	00:14:00
Phenomenological Therapy	Definition	SAGE	2015	Exclusive	00:12:00
Process-Oriented Psychology	Definition	SAGE	2015	Exclusive	00:05:00
Psychosocial Adaptation	Definition	SAGE	2015	Exclusive	1:13:00
Re-Membering Conversations: Creating Sustaining Counseling Conversations in the Face of Grief	Documentary	Urquhart Publishing Group	2014	Exclusive	1:12:00
The Challenges of Measuring Up Part 1	Documentary	Urquhart Publishing	2014	Exclusive	

Title	Video Type	Publisher	Publication Year	Exclusivity to SAGE	Length (hh:mm:ss)
The Challenges of Measuring Up Part 2	Documentary	Group Urquhart Publishing Group	2014	Exclusive	00:55:00
Theory in Action: Cognitive-Behavioral Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:13:57
Theory in Action: Existential Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:13:19
Theory in Action: Feminist Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:11:52
Theory in Action: Multicultural Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:15:40
Theory in Action: Neuroscience Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:10:03
Theory in Action: Person-Centered (Non-Directive) Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:08:32
Theory in Action: Strengths-Based Approach	Raw/ Observational Footage	SAGE	2015	Exclusive	00:10:37
Therapeutic Conversations Beyond the Binary: Constructing Identities with Transgender Youth	Documentary	Urquhart Publishing Group	2014	Exclusive	1:07:00
Tyler's Last Session	Raw/ Observational Footage	SAGE	2015	Exclusive	00:04:19
Working with Sobriety and Life's Transitions: A Narrative Therapy Approach	Documentary	Urquhart Publishing Group	2015		00:55:00
Art Therapy					
Art Therapy	Definition	SAGE	2015	Exclusive	00:01:24
Art Therapy	Documentary	SAGE	2015	Exclusive	00:12:17
Art Therapy	Tutorial	SAGE	2015	Exclusive	00:10:47
Cognitive/Behavior Therapy					
An Introduction to CBT (Frank Wills with Jan Gray)	Documentary	University of South Wales	2009	Non- Exclusive	1:46:00
An Introduction to the Method of Levels	Definition	SAGE	2015	Exclusive	00:06:30
CBH Group Therapy	Documentary	SAGE	2015	Exclusive	00:09:38
CBT	Tutorial	SAGE	2015	Exclusive	00:13:16
CBT for Depression – Behavioural Activation and Cognitive Change	Documentary	University of South Wales	2010	Non- Exclusive	1:46:00
CBT Skills in Practice	Documentary	University of South Wales	2007	Non- Exclusive	1:40:00
Cognitive Behavioral Therapy	Definition	SAGE	2015	Exclusive	00:00:50
Cognitive Behavioral Therapy	Tutorial	SAGE	2015	Exclusive	00:12:12
Cognitive Behavioral Therapy	Documentary	SAGE	2015	Exclusive	00:13:38
Hypnotherapy	Definition	SAGE	2015	Exclusive	00:13:27
Mick Cooper Discusses Pluralistic Counseling and Psychotherapy	Interview	SAGE	2015	Exclusive	00:42:55
Dance Therapy					
Dance & Movement Therapy for Brain Injury Rehabilitation	Documentary	SAGE	2015	Exclusive	00:11:51
Dance and Movement Therapy	Documentary	SAGE	2015	Exclusive	00:15:17

Title	Video Type	Publisher	Publication Year	Exclusivity to SAGE	Length (hh:mm:ss)
Dance Movement Therapy for Suicide Prevention	Tutorial	SAGE	2015	Exclusive	00:09:42
Dance Movement Therapy: Suicide Prevention Workshop	Documentary	SAGE	2015	Exclusive	00:13:40
Drama Therapy	Documentary	SAGE	2015	Exclusive	00:15:45
Psychodrama	Documentary	SAGE	2015	Exclusive	00:25:24
Existential Counseling					
Existential Counseling	Tutorial	SAGE	2015	Exclusive	00:13:24
Jerrold Lee Shapiro Discusses Existential Psychotherapy	Interview	SAGE	2015	Exclusive	00:22:17
Family Therapy					
Family Therapy	Documentary	SAGE	2015	Exclusive	00:14:40
Gestalt Therapy					
Gestalt Therapy	Tutorial	SAGE	2015	Exclusive	00:07:42
Gestalt Therapy	Documentary	SAGE	2015	Exclusive	00:14:32
Gestalt Therapy	Definition	SAGE	2015	Exclusive	00:09:15
Group Therapy					
Group Therapy	Tutorial	SAGE	2015	Exclusive	00:13:36
Group Therapy	Documentary	SAGE	2015	Exclusive	00:09:20
Integrative Counseling					
Conditions of Worth	Definition	SAGE	2015	Exclusive	00:00:34
Congruence	Definition	SAGE	2015	Exclusive	00:00:30
Empathy	Definition	SAGE	2015	Exclusive	00:00:28
Field Theory	Definition	SAGE	2015	Exclusive	00:00:31
Integrative Counseling	Documentary	SAGE	2015	Exclusive	00:10:21
Locus of Evaluation	Definition	SAGE	2015	Exclusive	00:00:48
Polarities	Definition	SAGE	2015	Exclusive	00:00:39
Self Actualization	Definition	SAGE	2015	Exclusive	00:00:28
The Whole Is Other Than the Sum of the Parts	Definition	SAGE	2015	Exclusive	00:00:42
Transpersonal Therapy	Documentary	SAGE	2015	Exclusive	00:10:45
Unconditional Positive Regard	Definition	SAGE	2015	Exclusive	00:00:36
Unfinished Business	Definition	SAGE	2015	Exclusive	00:00:33
Mindfulness in Counseling & Psychotherapy					
Background to Mindfulness	Tutorial	SAGE	2015	Exclusive	00:05:47
Meg Barker, Mindfulness	Interview	SAGE	2015	Exclusive	00:23:00
Mindfulness	Definition	SAGE	2015	Exclusive	00:01:04
Mindfulness	Definition	SAGE	2015	Exclusive	00:00:27
Mindfulness	Definition	SAGE	2015	Exclusive	00:00:32
Mindfulness	Documentary	SAGE	2015	Exclusive	00:09:21
Mindfulness in Counseling & Psychotherapy	Tutorial	SAGE	2015	Exclusive	00:10:20
Mindfulness in Schools	Tutorial	SAGE	2015	Exclusive	00:09:30
Neural Mechanisms and Mindfulness	Tutorial	SAGE	2015	Exclusive	00:05:52
Neuromechanics of Mindfulness	Definition	SAGE	2015	Exclusive	00:00:31
Treating Addiction with Mindfulness	Tutorial	SAGE	2015	Exclusive	00:13:35
Music Therapy					
Dance Movement Therapy	Definition	SAGE	2015	Exclusive	00:00:59
Music Therapy	Documentary	SAGE	2015	Exclusive	00:11:21
Music Therapy Family Approach: a Case Study	Documentary	SAGE	2015	Exclusive	00:09:57
Music Therapy/Autistic Spectrum Disorder	Documentary	SAGE	2015	Exclusive	00:15:36
Music Therapy: Family Approach	Documentary	SAGE	2015	Exclusive	00:07:50
Vocal Psychotherapy	Documentary	SAGE	2015	Exclusive	00:12:42
Person Centered Counseling					
Dave Means in Conversation	Documentary	University of South	2004	Non-Exclusive	00:59:00

Title	Video Type	Publisher	Publication Year	Exclusivity to SAGE	Length (hh:mm:ss)
Ego Psychology	Definition	Wales SAGE	2015	Exclusive	00:00:55
Person-Centered Counseling	Documentary	SAGE	2015	Exclusive	00:14:30
Person-Centered Therapy	Tutorial	SAGE	2015	Exclusive	00:06:45
Peter Pearce Discusses Person-Centered Counseling	Interview	SAGE	2015	Exclusive	00:38:20
Personal Construct Counseling					
Object Relations Psychology	Definition	SAGE	2015	Exclusive	00:01:58
Psychoanalysis & Psychodynamic Counseling					
Dream Model: Exploration, Insight, and Action	Definition	SAGE	2015	Exclusive	00:00:49
Dream Model: Waking Life Triggers	Definition	SAGE	2015	Exclusive	00:00:44
Dream Therapy	Tutorial	SAGE	2015	Exclusive	00:15:49
Energy Psychology	Definition	SAGE	2015	Exclusive	00:08:18
Eye Movement Desensitization & Reprocessing (EMDR)	Documentary	SAGE	2015	Exclusive	00:11:37
Frederick Redekop Discusses Psychodynamic Counseling	Interview	SAGE	2015	Exclusive	00:53:25
Michael Jacobs in Conversation	Documentary	University of South Wales	2004	Non-Exclusive	1:19:00
Orgonomy and the Work of Wilhelm Reich	Definition	SAGE	2015	Exclusive	00:22:53
Psychodynamic Therapy	Definition	SAGE	2015	Exclusive	00:00:56
Relational-Cultural Theory	Video Case	SAGE	2015	Exclusive	00:09:12
The Alexander Technique	Definition	SAGE	2015	Exclusive	00:08:39
The Unified Theory	Definition	SAGE	2015	Exclusive	00:11:14
Psychodrama					
Psychodrama	Tutorial	SAGE	2015	Exclusive	00:09:38
Rational-Emotive Counseling					
Unconditional Life Acceptance	Definition	SAGE	2015	Exclusive	00:01:53
Unconditional Self Acceptance	Definition	SAGE	2015	Exclusive	00:02:00
Windy Dryden, Rational Emotive Behavior Therapy	Interview	SAGE	2015	Exclusive	00:35:49
Solution-Focused Therapy					
Alistair Macdonald, Solution Focused Therapy	Interview	SAGE	2015	Exclusive	00:12:17
Miracle Question	Definition	SAGE	2015	Exclusive	00:04:49
Solution-Focused Therapy	Documentary	SAGE	2015	Exclusive	00:09:50
Using Routine Outcome Measures	Tutorial	SAGE	2015	Exclusive	00:10:19
Transactional Analysis Counseling					
View of Human Nature	Definition	SAGE	2015	Exclusive	00:01:18

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