

## Tool 5.2 Self-Directed Action Learning Worksheet

Use this tool to learn from your own and your team's actions in a situation. Use this for learning-for-action, learning-in-action, or learning-from-action. Focus on a particular team task, event, or project. Ask yourself these questions, write down the answers, and then discuss with other team members.

Ask yourself:

1. What do/did I want to learn about myself from this situation?
2. What do/did I want to have happen? What outcome am/was I hoping for?
3. What actually did occur?
4. How did my team members respond to me? What did they say and what did they do?
5. What did I think and say that might have contributed to these outcomes? What assumptions was I making about others?
6. How was what I said or did different from what I had thought I wanted to say and do?
7. How can I get additional feedback on my actions? Who should I ask for reactions and observations?