

I Am Unique

Subject:

Multicultural education.

Focus:

Learning to describe the self.

Overview:

Children will learn to appreciate themselves and others.

Purpose:

To identify how similar and different we all are.

Resource Materials:

- Children's fingers.
- Optional: pictures. (You can take the children's pictures with a digital camera and decorate your bulletin board.)

Activities and Procedures:

This is a finger play to do with children during circle time. Children will point first to themselves, then to a part of the body that describes the self:

1. My head is different from your head. My head has long black hair that is straight. (Describe the uniqueness of your hair color, length, texture, etc.; point to yourself, then to your head.)
2. I am different from my eyes to my nose; my eyes are black, blue, or green. (Describe the color of your eyes and wiggle your nose as you point to it; point to yourself, then to your eyes and nose.)
3. I come from a place that is far and wide. (Point to yourself, then spread your arms wide open.)
4. A place where we all smile instead of cry. (Act like you are tracing your lips into a smile, and bring your hands down your eyes as if you were crying.)
5. I am very different as you can see. (Point to yourself, then to a friend.)
6. But I still have a lot of love in me! (Point to yourself, then place a hand over your heart and hug yourself.)

Tying It All Together:

Encourage families to get involved in sharing their unique stories and experiences. These experiences can be used to help the children in the classroom begin to understand other cultures. This knowledge of the cultures of their classmates helps students learn to respect diverse cultures.

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